## **RESEARCH ARTICLE**

# Meta-analysis of serum and/or plasma Ddimer in the diagnosis of periprosthetic joint infection

Cheng Li<sup>1</sup>, Donara Margaryan<sup>1</sup>, Cristina Ojeda-Thies<sup>2</sup>, Carsten Perka<sup>1</sup> and Andrej Trampuz<sup>1\*</sup>

## Abstract

**Background:** The purpose of this meta-analysis was to evaluate the diagnostic value of D-dimer in detecting periprosthetic joint infection (PJI).

Methods: A systematic search and screening of relevant studies was performed in the databases PubMed, Web of Science, and Embase using the following medical subject headings (MeSH) or keywords: "arthroplasty or joint prosthesis or joint replacement or periprosthetic joint or prosthetic joint", "infection or infectious or infected", and "D-dimer or serum D-dimer or plasma D-dimer or fibrin degradation products". Data were subsequently analysed and processed using Meta-Disc.

Results: Seven studies with 1285 patients were included in this meta-analysis. The pooled sensitivity, specificity, positive likelihood ratio, negative likelihood ratio, and diagnostic odds ratio were 0.75 (95% confidence interval [CI] 0.70-0.79), 0.69 (95% CI 0.66-0.72), 3.01 (95% CI 1.84-4.93), 0.32 (95% CI 0.19-0.53), and 10.20 (95% CI 3.63-28.64), respectively. Subgroup analyses showed that the use of serum D-dimer had better sensitivity and specificity than plasma D-dimer for the diagnosis of PJI.

**Conclusions:** Serum D-dimer was shown to have a better diagnostic value than plasma D-dimer for the diagnosis of PJI. Further research is required for clarification.

Keywords: Periprosthetic joint infection, Diagnostic test, D-dimer, Serum, Plasma, Meta-analysis

## Introduction

The diagnosis of periprosthetic joint infection (PJI) remains a challenge for clinicians due to the lack of a gold standard method [1]. Precise diagnosis is difficult, and the key to the successful management of PJI. Preoperative diagnoses are a preliminary screening tool of suspected infection cases in the early stages and provide valuable information on further diagnostic procedures or help to rule out infection. In recent years, systemic inflammatory markers and synovial fluid biomarkers have

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been a popular research topic [2, 3]. Compared with blood tests, synovial fluid tests depend more on the personal surgical experience of the physician. Accordingly, a number of test results were decided by the examiner's subjective judgement, although the joint aspiration procedure can affect the final result [4–7]. Therefore, blood tests may be convenient, more stable and cost-effective, and easier to popularize for diagnosing PJI. Serum erythrocyte sedimentation rate (ESR) and C-reactive protein (CRP) are the most commonly used and first-line blood examinations in the diagnosis of PJI. Both tests are included in the guidelines of the American Academy of Orthopedic Surgeons (AAOS) and Musculoskeletal Infection Society (MSIS) [8]. However, CRP, ESR, and





Table 1 Search strategy and results between 2017 and 2019

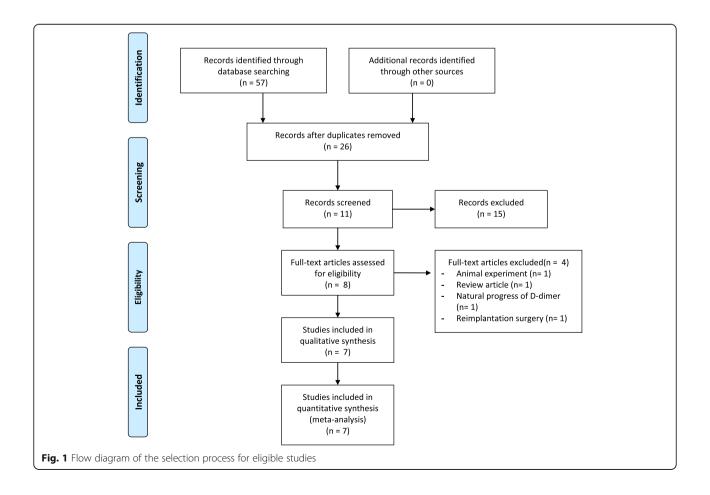
Number	Medical subject headings (MeSH) or text keywords	Web of Science/PubMed/ EMbase (items found)
#1	Arthroplasty or joint prosthesis or joint replacement or periprosthetic joint or prosthetic joint	14,141/16,517/18,358
#2	Infection or infectious or infected	202,428/206,267/281,637
#3	D-dimer or serum D-dimer or plasma D-dimer or fibrin degradation products	1519/1764/3454
#4	#1 AND #2 AND #3	19/20/18

the combination of both have a high sensitivity and low specificity for the diagnosis of PJI [9]. Moreover, the levels of ESR and CRP were reported to be normal in low-virulence organisms [10]. New complementary or alternative serum biomarkers to CRP or ESR are required to further improve the diagnostic accuracy. D-dimer is routinely measured for excluding suspected venous thromboembolic disease in orthopaedics [11, 12]. Serum D-dimer is a promising biomarker in the diagnosis of PJI, with higher sensitivity and specificity than ESR or CRP [13]. The newly defined criteria of the MSIS also included the elevated serum D-dimer, with more than 850 ng/mL as a minor indicator [14]. Nevertheless, recent studies have been controversial regarding the diagnostic value of D-dimer [15, 16]. Although both serum and plasma D-dimer were used for diagnosing PJI [17, 18], their diagnostic value has not yet been assessed. The purpose of the present meta-analysis was to determine the accuracy of serum and/or plasma D-dimer in diagnosing PJI.

## Methods

## Search strategy

We searched electronic databases, including PubMed, Embase, and Web of Science for articles that were published on the diagnostic use of D-dimer in detecting PJI. The first article was published in 2017. Therefore, the search time was set between 2017 and 2019. The search strategy is presented in Table 1. In addition, the reference lists of the included studies and relevant literature on D-dimer were also searched manually to identify potential studies until no additional articles could be found. Duplicated articles were removed in Endnote version X9 reference manager software (Thomson Reuters, New York City, NY).



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	55	Prospective study	Hip, knee	1170		74.63%	ICM criteria (2014)	NA	3, 4, 5, 7, 11, 13, 15		The day before surgery

Not available
Society, NA
Infection :
Musculoskeletal
MSIS
Meeting,
Consensus
International
ICM
specificity,
v, Spe
sensitivity

Eligibility criteria

Number

Articles were selected according to the following inclusion criteria: (1) the diagnosis of PJI was confirmed by the International Consensus Meeting (ICM), Infectious Diseases Society of America (IDSA), MSIS, or European Bone and Joint Infection Society (EBJIS) criteria or any other definition, including clinical signs of infection, presence of sinus tract or purulence around the prosthesis, histopathological examination of periprosthetic tissue indicating acute inflammation or positive culture result from synovial fluid, and periprosthetic tissue samples or sonication fluid [1, 8, 19–21]; (2) the number of true-positive (TP), true-negative (TN), false-positive (FP), and false-negative (FN) values were clearly described or could be calculated by their corresponding sensitivity and specificity in each study; and (3) publications written in English.

Table 4	QUADAS-2	evaluation	results
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Study	Risk of bias	Risk of bias				Applicability concerns			
	Patient selection	Index test	Reference standard	Flow and timing	Patient selection	Index test	Reference standard		
Study 1			?				?		
Study 2									
Study 3									
Study 4		?							
Study 5		?							
Study 6		?							
Study 7		?							

, low risk; , high risk; ?, unclear risk

## Table 3 Potential influencing elements on D-dimer results

Inclusion or ovelusion criteria

Number	Inclusion or exclusion criteria
1	Hematoma
2	Systemic inflammatory diseases, such as systemic lupus erythematosus, psoriasis, polymyalgia rheumatica, sarcoidosis, inflammatory bowel disease, gout, hepatitis B and C, lymphocytic leukaemia, myelodysplastic syndrome, and multiple myeloma
3	Obesity (body mass index [BMI] > 30 kg/m2), heavy smoking
4	Malignancies
5	Venous thrombosis
6	Cardiovascular and cerebrovascular diseases
7	Infection in other regions of the body
8	Reimplantation surgery
9	History of recent trauma or dislocation (within 2 weeks)
10	Any type of skin ulcer
11	Visible ecchymosis or a history of hypercoagulation disorder
12	Viral infections
13	Prosthetic heart valve
14	Periprosthetic fracture or joint dislocation
15	Inflammatory arthritis

## Quality assessment

Search results were screened independently in accordance with the inclusion criteria by two investigators. All included studies were assessed according to the QUADAS-2 guidelines [22]. A third author adjudicated any disagreement in the evaluation of the studies.

## Data extraction

Data extraction was completed independently by two investigators and subsequently rechecked by other investigators involved in the study. The following information was abstracted from the articles: first author, year of publication, country, enrolment period, study design, number of total cases and infected cases, type of prosthetic joint, acquisition time, cut-off, diagnostic criteria, potentially influencing elements, the use of antibiotics, and the sensitivity and specificity of the D-dimer test.

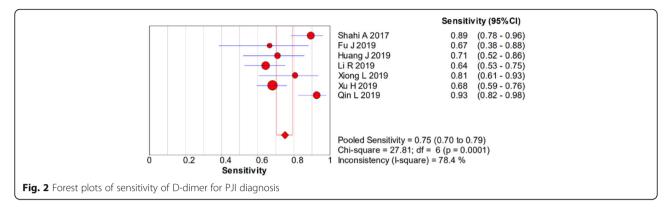
## Statistical analysis

For the analysis of the diagnostic value of the D-dimer test, all statistical analyses were performed using Meta-Disc software (version 1.4, Unit of Clinical Biostatistics team, Madrid, Spain) [23]. The pooled sensitivity, specificity, positive likelihood ratio (PLR), negative likelihood ratio (NLR), and diagnostic odds ratio (DOR) were calculated by a bivariate random-effects regression model. The  $I^2$  statistic was used to assess the heterogeneity of the included studies, with a range of values from 0 to 100%. Significant heterogeneity exists when the  $I^2$  value is greater than 50%, and a value of 0% indicates no observed heterogeneity. If heterogeneity existed, subgroup analysis and meta-regression were performed to explain the potential source of heterogeneity, including the study design, type of blood sample, and cut-offs.

## Results

## Literature search results

From the selected databases, a total of 57 articles were obtained. Thirty-one articles were excluded due to multiple indexing in different databases. After reviewing the abstracts and full articles, seven articles met the



inclusion criteria [13, 15–18, 24, 25]. A flow diagram of the selection process is shown in Fig. 1.

## Characteristics of the eligible studies and quality of the included studies

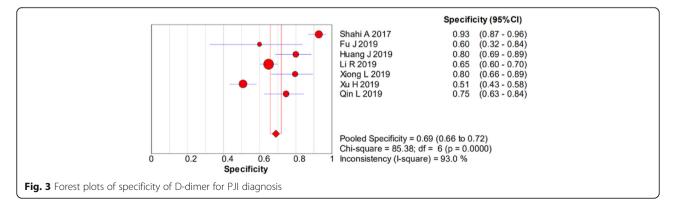
A total of 1285 hip and knee cases were included in the meta-analysis. The first study was published in 2017 in the USA, and the remaining six papers originated from China in 2019. Among these seven studies, three were conducted retrospectively, whereas the remaining four were prospective studies. Only two studies provided details on antibiotic use. Characteristics of the included studies are summarized in Tables 2 and 3. The QUADAS-2 assessments for each study are shown in Table 4. Results indicated that the included studies were of good quality.

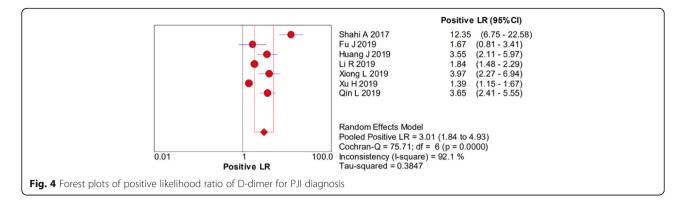
## Diagnostic value of the D-dimer test for PJI

There was significant heterogeneity in the sensitivity  $(I^2 = 78.4\%)$ , specificity  $(I^2 = 93\%)$ , PLR  $(I^2 = 92.1\%)$ , NLR  $(I^2 = 83.9\%)$ , and DOR  $(I^2 = 90.7\%)$ . Therefore, a randomeffects model was used. The pooled sensitivity, specificity, PLR, NLR, and DOR estimates for the detection of PJI using the D-dimer test were 0.75 (95% CI 0.70–0.79), 0.69 (95% CI 0.66–0.72), 3.01 (95% CI 1.84–4.93), 0.32 (95% CI 0.19–0.53), and 10.20 (95% CI 3.63–28.64), respectively (Figs. 2, 3, 4, 5, and 6). The summary receiver operating characteristic (SROC) plot showed the sensitivity and specificity as well as the 95% confidence intervals and prediction regions, with an area under the curve (AUC) of 0.8288 (standard error, 0.0525; Fig. 7). The subgroup analysis of serum and plasma D-dimer is shown in Table 5.

## Discussion

Early diagnosis is the first and most crucial step in the management of PJI. Preoperative testing is at the forefront in assessing an infection, providing valuable information for primary differential diagnosis and further clinical decisions. The measurement of CRP or ESR is a preoperative examination that is a rapid, convenient, simple, and widely used diagnostic method for PJI. However, their diagnostic value is limited due to its low diagnostic accuracy, with levels especially susceptible to fluctuations in patients with dual taper modular stems, slow-growing organisms, and antibiotic treatment [26-28]. Unfortunately, at present, only CRP and ESR appear to be more suitable for the diagnosis of PJI than other serological tests [29]. Shahi et al. [13] first used serum Ddimer (850 ng/mL) for the diagnosis of PJI, showing a higher sensitivity and specificity than ESR and CRP (sensitivity: 89% vs. 73% and 79%; specificity: 93% vs. 78% and 80%, respectively), even when evaluating the combined sensitivity and specificity of ESR and CRP. In an earlier



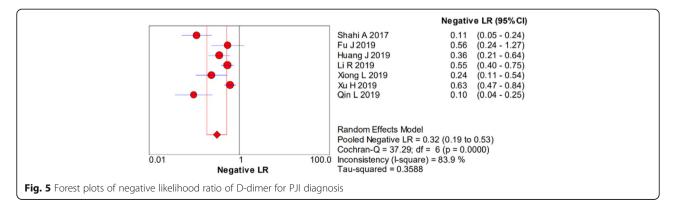


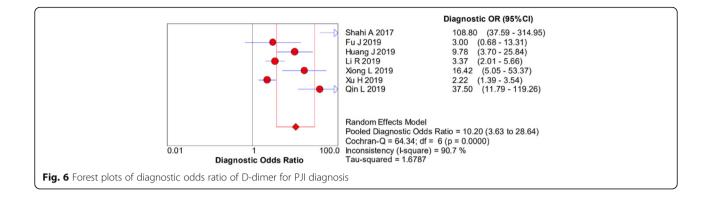
animal study conducted by Ribera et al. [30], the synovial D-dimer concentration was found to be significantly increased in foals with septic joints (p < 0.001). In a prospective study measuring the ESR, CRP, and D-dimer levels before and after primary total hip or knee arthroplasty, the most significant changes in D-dimer levels were observed during the early postoperative period. Levels were sharply increased and peaked on the first day after joint replacement surgery, decreasing to baseline levels on the following day. The author speculated the combination of D-dimer with ESR and CRP might be effective in the early detection of PJI [31]. In the last two years, serum D-dimer was recommended as a promising biomarker in diagnosing PJI and was included in the 2018 ICM criteria for PJI [32].

In the present meta-analysis, the pooled sensitivity and specificity of serum and plasma D-dimer were 0.75 (95% CI 0.70–0.79) and 0.69 (95% CI 0.66–0.72), respectively. The overall diagnostic value of D-dimer had an acceptable sensitivity, whereas the specificity was low. In the subgroup analysis, we found the serum D-dimer to have a better sensitivity and specificity than plasma D-dimer (0.86 and 0.84 vs. 0.67 and 0.60, respectively).

In a prospective study on revision hip and knee arthroplasty, the serum D-dimer had 92.73% sensitivity and 74.63% specificity with a threshold value of 1170 ng/mL [16]. The diagnostic sensitivity and specificity of serum D-dimer were higher than those of CRP (81% and 66%, respectively) and ESR (64% and 70%, respectively), in addition to their combination (89% and 57%, respectively). These results are similar to those of the previously published results of Shahi et al. [13]. However, both studies used different threshold values and differed in the inclusion of systemic inflammatory diseases. In addition, Qin et al. [16] also demonstrated that the combination of serum D-dimer and CRP could achieve the highest sensitivity compared with each alone. However, the sensitivity and specificity of serum D-dimer, CRP, and ESR were reported not to significantly differ when using a serum CRP level of 10 mg/L (68% and 93%, respectively), ESR level of 30 mm/h (74% and 87%, respectively), and D-dimer level of 850 ng/mL (71% and 80%, respectively) as the threshold [15]. In the study performed by Xiong et al. [18], the diagnostic value of serum D-dimer, CRP, and ESR were observed to be equivalent, with results demonstrating the AUCs to be 0.890, 0.831, and 0.838, respectively [18]. From the studies described above, serum D-dimer had a better or equal diagnostic accuracy to CRP and ESR.

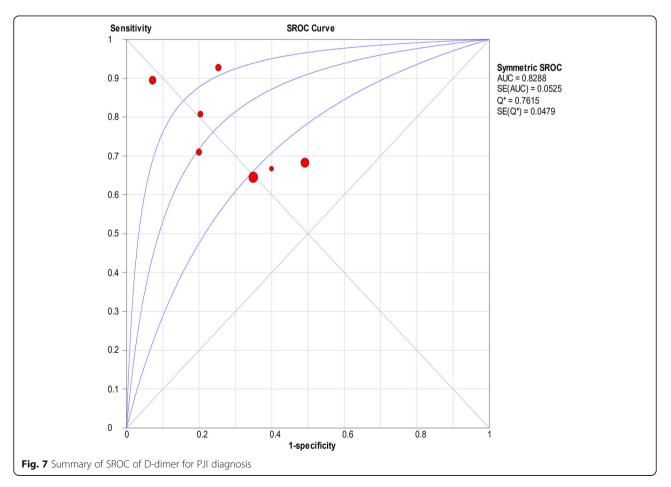
In recent years, the diagnostic accuracy of plasma Ddimer for the diagnosis of PJI was also tested. A retrospective cohort study measured the CRP, ESR, interleukin-6 (IL-6), plasma fibrin degradation product (FDP), and D-dimer in diagnosing PJI [24]. The potentially influencing elements included inflammatory disease and antibiotic use. Compared with traditional inflammatory markers, plasma FDP





and D-dimer had a lower sensitivity and specificity than CRP, ESR, and IL-6. The sensitivity of the combination of D-dimer and one of the inflammatory marker were decreased compared with the sole use of the indicators, as well as plasma FDP. However, the sensitivity of the combination of D-dimer or one of the inflammatory markers were elevated compared with the sole use of the indicators, and plasma FDP also had similar results. The authors concluded that the diagnostic value of plasma FDP and D-dimer was limited compared to traditional inflammatory markers [24].

A prospective study reported the sensitivity of plasma Ddimer to be between that of CRP and ESR (66.67% vs. 80.00% and 33.33%, respectively), while its specificity was lowest among all three markers (60.00%) [17]. Li et al. [25] showed the diagnostic value of plasma D-dimer to be potentially limited, and the AUC of plasma D-dimer to be inferior to that of plasma fibrinogen, ESR, and CRP (0.657 vs. 0.852, 0.810, and 0.808, respectively). D-dimer only exhibited better performance than that of leukocytes (0.590). Compared with the D-dimer, the diagnostic level of plasma



Subgroup analyses	No. of papers	No. of patients	Sen	Spe	PLR	NLR	DOR	SROC (SE)
Overall studies	7	1285	0.75 (0.70–0.79)	0.69 (0.66–0.72)	3.01 (1.84–4.93)	0.32 (0.19–0.53)	10.2 (3.63–28.64)	0.8288 (0.0525)
Type of blood sa	ample							
Plasma	3	787	0.67 (0.60–0.73)	0.60 (0.56–0.64)	1.59 (1.28–1.99)	0.59 (0.48–0.72)	2.69 (1.92–3.77)	0.6599 (0.0261)
Serum	4	498	0.86 (0.80-0.91)	0.84 (0.80-0.88)	4.91 (2.85–8.48)	0.19 (0.09–0.37)	28.25 (9.60–83.15)	0.9096 (0.0332)

Table 5 Subgroup analysis results

Sen sensitivity, Spe specificity, PLR positive likelihood ratio, NLR negative likelihood ratio, DOR diagnostic odds ratio, SROC summary receiver operating characteristic, SE standard error

fibrinogen was closer to that of the traditional inflammatory markers ESR and CRP. Moreover, the author also analysed the diagnostic accuracy of D-dimer and fibrinogen with coagulation-related comorbidities (malignancy, autoimmune disease, cardiovascular disease, and cerebrovascular disease). The diagnostic accuracy of D-dimer ranged from 50 to 57.7%, whereas the diagnostic accuracy of plasma fibrinogen ranged from 52.4 to 92.3%. Plasma fibrinogen had better diagnostic accuracy than D-dimer, especially in patients with malignancy. Xu and colleagues assessed the diagnostic value of plasma D-dimer and fibrinogen before reimplantation in two-stage exchange arthroplasty for periprosthetic hip infection [33]. Plasma D-dimer was observed to have a lower sensitivity and specificity than fibrinogen (83.3% and 41.9% vs. 87.5% and 62.8%, respectively); however, it was inferior to fibrinogen. Nevertheless, compared with previous studies on serum CRP and ESR before reimplantation, plasma D-dimer appears to be a better diagnostic indicator [34, 35]. The first serum D-dimer study performed by Shahi and co-workers also found that the two cases of failed second stage replacement caused by reinfection had increased D-dimer levels before reimplantation surgery, while serum CRP and ESR levels were normal [13].

Compared with previous meta-analyses of PJI diagnoses [36, 37], all included papers in this study used similar gold standards. Yet there were several limitations in the current meta-analysis. First, of the seven included studies, six were from China. Whether differences exist in D-dimer values in the diagnosis of PJI in different countries or races is unclear. However, a study performed in the American community-dwelling elderly indicated that black individuals had significantly higher D-dimer levels than white individuals [38]. Further research on whether D-dimer levels are affected by racial differences in normal or PJI patients is required. Second, among these seven papers, only two studies were found describing details of antibiotic use [13, 24]. In addition, all of these publications used different exclusion criteria, which might impact the diagnostic results. Third, from the meta-analysis results, serum D-dimer was found to have a better sensitivity and specificity than plasma D-dimer (86% and 84% vs. 67% and 60%, respectively). However, due to the limited data available, only three studies utilized plasma D-dimer in PJI. Therefore, further PJI studies are required to compare the diagnostic value of serum D-dimer and plasma D-dimer in the future.

## Conclusion

The overall meta-analysis results of serum and plasma D-dimer levels showed low sensitivity and specificity. However, based on the present literature and our subgroup analysis results, serum D-dimer has a better diagnostic value than plasma D-dimer for the diagnosis of PJI; further research is required to verify the present findings.

#### Abbreviations

AAOS: American Academy of Orthopedic Surgeons; AUC: Area under the curve; BMI: Body mass index; CI: Confidence interval; CRP: C-reactive protein; DOR: Diagnostic odds ratio; EBJIS: European Bone and Joint Infection Society; ESR: Erythrocyte sedimentation rate; FN: False negative; FP: False positive; FDP: Fibrin degradation product; IDSA: Infectious Diseases Society of America; ICM: International Consensus Meeting; IL-6: Interleukin-6; MeSH: Medical subject headings; MSIS: Musculoskeletal Infection; PLR: Positive likelihood ratio; PJI: Periprosthetic joint infection; PLR: Positive likelihood ratio; SROC: Summary receiver operating characteristic; SE: Standard error; Sen: Sensitivity; Spe: Specificity; TN: True negative; TP: True positive

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#### Authors' contributions

LC searched the database, performed the meta-analysis, and helped draft the manuscript. DM and COT proposed the study design, participated in data analysis, and contributed to writing and editing the manuscript. CP participated in the design of the study. AT edited and reviewed the manuscript. All authors have seen and approved the final version of the paper before submission.

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#### Availability of data and materials

Data was extracted from references [13, 15-18, 24, 25]

#### **Ethics approval and consent to participate** Not applicable

#### Consent for publication

Not applicable

## **Competing interests**

The authors declare that they have no competing interests.

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